



SPA BUDDHA
unwind yourself

RELAX | RECHARGE | HEAL

FULL BODY MASSAGES

Therapy Name	Duration
Aroma Therapy Massage	60 mins
Swedish Massage	60 mins
Hot Stone Massage	60 mins
Ayurveda Abhyangam	60 mins
Deep Tissue Massage	60 mins
Traditional Thai Massage	60 mins
Urban Nirvana Signature Massage	60 mins
Rain Drop Massage	90 mins
Add Ons	
Add a bath of your choice	30 mins
Add a scrub of your choice	30 mins
Add Scrub, wrap and bath of your choice	60 mins

EXPRESS MASSAGES

Therapy Name	Duration
Herbal Compress	30 mins
Head Massage Oil	30 mins
Thai Foot Massage	30 / 60 mins
Foot Reflexology	30 / 60 mins
Ayurveda Foot Massage	30 / 60 mins
Back Neck Shoulder Massage with Oil	40 mins
Back Polish of your choice	20 mins
Add Foot Massage of your choice	30 mins

HAND & FOOT SPA

Therapy Name	Duration
Date coconut Hand Spa/Foot Spa	60 mins
Pomegranate Shatavari Hand Spa/Foot Spa	60 mins
Lemon Orange Hand Spa/Foot Spa	60 mins
Green Tea Ashwagandha Hand Spa/Foot Spa	60 mins

SCRUBS & WRAPS

Therapy Name	Duration
Green tea scrub	30 mins
Coconut scrub	30 mins
Sandalwood jasmine and orange scrub	30 mins
Green tea wrap	30 mins
Coconut wrap	30 mins
Sandalwood jasmine and orange wrap	30 mins

FACIALS

Therapy Name	Duration
Oxizenate Clean Up	40 mins
Calm & Soothe Clean Up	40 mins
Whitening Facial	60 mins
Anti-Ageing Facial	60 mins

BATH

	Duration
Relaxing Bath	20 mins
Energizing Bath	20 mins
Detox Bath	20 mins

VICHY PACKAGES

	Duration
Vichy basic	90 mins
Vichy aqua peel	120 mins

COUPLE PACKAGES

	Duration
Couple Packages	60 mins (each)
Couple packages	120 mins (each)



To book an appointment, Call 7874 656 981

Gulmohar Greens Golf & Country Club

Next to “Gokul-Vrindavan”, Off. Sarkhej-Sanand Highway,
Village-Kolat, Taluka-Sanand, District-Ahmedabad-382110

Email : info@gulmohargreens.com | Website : www.gulmohargreens.com



GulmoharGreensClub



GulmoharGreens

Kindly note that we are a professional spa.
Please do not expect anything other than therapeutic Spa services.